

About

Jason Harding First Aid Training has been delivering fully accredited first aid training for 6 years in the Kent area. Our courses are combination of theory and practical sessions which are designed to develop knowledge but more importantly practical confidence in an emergency situation. We also provide Manual Handling & Lifting Training

We Offer

First aid at Work
First aid at Work Re-qualification course
Emergency First Aid at Work
Basic Life Support
Basic Life Support with AED
Paediatric First Aid 6 hour course
Paediatric First Aid 12 hour course
Activity first Aid
Half Day Annual Re-Fresher Course
Manual Handling & Lifting

First Aid at work level 3, 3 day (18 hours)

Course contents

- Legalities, responsibilities and reporting • Assessment of the situation • Resuscitation
- Dealing with an unresponsive casualty • Shock (including Anaphylaxis) • Bandaging
- Fractures and spinal injuries • Heart attacks • Choking
- Control of bleeding • Head injuries • Eye injuries
- Poisoning • Chest injuries • Sprains and strains
- Burns • Asthma • Diabetes

First aid at work Requalification level 3, 12 hours

Course Contents

- Legalities, responsibilities and reporting • Resuscitation • Assessment of the situation
- Dealing with an unresponsive casualty • Bandaging • Shock (including Anaphylaxis)
- Fractures and spinal injuries • Heart attacks • Choking
- Control of bleeding • Head injuries • Eye injuries
- Poisoning • Chest injuries • Sprains and strains
- Burns • Asthma • Diabetes
- Epilepsy • Stroke

Emergency First aid at Work level 2, 6 hours

Course content

- Responsibilities and reporting • Resuscitation • Burns
- Assessment of the situation • Anatomy • Choking
- Dealing with an unresponsive casualty • Minor injuries • Epilepsy
- Basic hygiene in First Aid • Bleeding control • Shock

Basic life support 3 hours

Course content

- Responsibilities and reporting • Resuscitation • Choking
- Assessment of the situation • Heart attacks •
- Dealing with an unresponsive casualty • Infection control

Basic life support with AED 4 hours

Course content

- Responsibilities and reporting • Resuscitation • Choking
- Assessment of the situation • Heart attacks • AED safety
- Dealing with an unresponsive casualty • Infection control • Paediatric defibrillation
- AED functions • Defibrillation procedures

Paediatric First Aid 6 hour course Level 2

Course Content

- Responsibilities and reporting • Resuscitation • Shock
- Assessment of the situation • Minor injuries • Epilepsy
- Dealing with an unresponsive casualty • Anaphylaxis
- Wounds and bleeding

Paediatric First Aid 12 hour course level 2

Course content

- Responsibilities and reporting • Resuscitation • Fainting
- Assessment of the situation • Head injuries • Choking
- Dealing with an unresponsive casualty • Diabetes • Fractures
- Infantile convulsions • Foreign bodies • Meningitis
- Control of bleeding and shock • Anaphylaxis • Burns
- Eye injuries • Heat and cold • Asthma
- Sickle cell anaemia

Activity First Aid level 2 12 hours

Course content

- Responsibilities and reporting • Resuscitation • Angina
- Assessment of the situation • Heart attacks • Choking
- Dealing with an unresponsive casualty • Minor injuries • Seizures
- Basic hygiene in First Aid • Bleeding control • Shock

- Fractures • Head injuries • Asthma
- Angina and heart attack • Diabetes • Burns
- Electrical injuries • Spinal injuries
- Heat and cold • Drowning injuries

Half Day Annual Re-Fresher Course

Course Content

Managing incidents

Basic Life Support

Control of bleeding

Casualty assessment

Unconsciousness

Treating shock

Manual Handling & Lifting

Course content

- Understand the reasons for safe manual handling
- Understand how manual handling risk assessments contribute to improving health and safety
- Understand the principles, types of equipment and testing requirements associated with manual handling safety
- Be able to apply safe manual handling principles

Costs

Emergency First Aid at Work level 2 (1 day/6 hours)

1 to 6 Candidates £45pp Inc manual & Certification

7 to 12 Candidates £40pp Inc manual & Certification

First Aid at Work Level 3 (3 day/18 hours)

1 to 6 Candidates £120pp Inc manual & Certification

7 to 12 Candidates £110pp Inc manual & Certification

Automated External Defibrillator (AED) Training (4 hours)

1 to 6 Candidates £40pp Inc manual & Certification

7 to 12 Candidates £45pp Inc manual & Certification

Paediatric First Aid 6 hour course Level 2

1 to 6 candidates £40 per candidate Inc manual & certification

6 to 12 candidates £35 per candidate Inc manual & certification

Paediatric First Aid 12 hour course level 2

1 to 6 candidates £75 per candidate Inc manual & certification

6 to 12 candidates £70 per candidate Inc manual & certification

Basic Life Support

1 to 6 Candidates £15 pp

7 to 12 Candidates £12.50 pp

Basic life support with AED 4 hours

1 to 6 Candidates £30 pp

7 to 12 Candidates £25.00 pp

Activity First Aid level 2 12 hours

1 to 6 candidates £75 per candidate Inc manual & certification

6 to 12 candidates £70 per candidate Inc manual & certification

Half Day Annual Re-Fresher Course

1 to 6 Candidates £25 pp

7 to 12 Candidates £20 pp

Manual Handling & Lifting

1 to 6 Candidates £25 pp Inc manual & certification

7 to 12 Candidates £20 pp Inc manual & certification